

CERTIFICATE

OF PARTICIPATION

This is to certify that

Louis Helmbold

Has successfully participated & completed the

2.5km Four Seasons @ the Cowhouse - Winter

held at Cowhouse Market.

TIME 00:27:10

PACE 09:03/km

OVERALL 14 of 18

GENDER 8 of 8

60 - 69 1 of 1

27 July 2019, Sat

Date



BoutTime

Signature